

# HEALTH EMERGENCY

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White Paper would combine biggest-ever cuts with biggest-ever privatisation

# Say NO to ConDem rationing boards!

The ConDem government's White Paper 'Liberating the NHS' makes many controversial proposals, but at its heart are two key factors: the fragmentation and privatisation of the NHS – and £20 billion of spending cuts by 2014.

The scale of these "efficiency savings" guarantees that even while it appears to give GPs greater control over services, the opposite is the case.

With tight budgets and cuts to be made, consortia of GPs established to spend £80 billion in commissioning budgets will inevitably become little more than *rationing boards*.

Far from improving services they will have to choose which services will be cut and which sections of patients should be excluded from treatment.

To accept this would not be "liberation" for the GPs or their patients: it would be a capitulation to the ConDem government.

As the debate over the White Paper begins to widen, it's clear that there is a strong and growing opposition to many of its core proposals, even among the group who appear to have most to gain from it.

GP magazine found fewer than one in five of the 300 GPs who responded to an online poll believed that the changes would improve patient experience or the funding of primary care services.

Twice as many (41 percent) feared a fresh "postcode lottery," while 71 percent expected the scrapping of PCTs and SHAs to lead to an increase in private sector involvement in commissioning. 60 percent of responses in a poll on the pro-White Paper National Association of Primary Care website also opposed the government's commissioning plans.

No wonder one of the leading apologists for the scheme, Dr Michael Dixon of the NHS Alliance, has issued a rather



If the NHS Alliance, the Royal College of GPs and the BMA, along with the health unions simply took a firm stand against the White Paper, the ConDems would not be able to carry out their plans.



desperate appeal for GPs not to turn their backs on the government proposals, claiming that it would be "utterly disastrous" if they did not "embrace the White Paper and make it work".

But of course Dr Dixon has got it the wrong way round. The real disaster would be for GPs and their organisations to allow themselves to be cynically used by the government

to push through proposals which will have far-reaching and negative consequences for patients as well as for the NHS and its one million employees.

It will also be a disaster for tens of thousands of hospital doctors: the proposals could effectively privatise health provision and reduce England's NHS workforce from almost 1 million to virtually zero by 2014.

Despite these problems, at present the BMA is committed to "engage critically" with consultations on the ConDem plan.

This is a mistake. Indeed if the NHS Alliance, the Royal College of GPs and the BMA, along with the health unions which have already declared themselves against the proposals, simply took a firm stand against the White Paper, and marketisation and privatisation of health care that are implicit in it, the ConDems would not be able to carry out their plans.

Until a few weeks ago the BMA was conducting just such a campaign, now sadly side-

lined as they struggle for influence with Mr Lansley.

Perhaps the biggest reason for standing up against these plans, which could effectively transform the NHS into a National Health Market, with no public sector providers, is that there is absolutely no evidence that these expensive, experimental reforms – the biggest-ever privatisation of health care anywhere in the world – could deliver the promised improvements for patients.

It's all looking like a mess waiting to happen.

The cost of implementing the White Paper (upwards of £1.7bn) seems like a classic waste of money much better spent on patient care.

But from the point of view of Andrew Lansley and his Tory colleagues, if it resulted in denationalising the NHS, reversing the great legacy of Nye Bevan, and opening up a new £100 billion market to private companies, it would be seen as money well spent.

## SPECIAL APPEAL

### Help us campaign to save our NHS!

The NHS faces its biggest-ever threat: a 'double whammy' of massive cuts year by year to 2014, coupled with the White Paper proposals that could wipe out all public sector provision of services.

The ConDem government has no mandate to transform the National Health Service into a national health market. But if there is no public challenge, the White Paper could be forced quickly through Parliament.

Hospital staff have everything to lose and nothing to gain from the proposals which could see tens of thousands of jobs axed, and hundreds of thousands pushed out of the NHS workforce, with new threats to their pay scales and pensions.

Every cutback that is accepted will just encourage desperate employers to come back for more.

It really is do or die for those of us who want to defend the NHS as a public service, and who value the staff who deliver services.

To build a successful campaign requires resources, publicity, time and effort: and until there is a broad popular campaign established with the support of the main health unions, much of the work will fall to organisations like London Health Emergency.

But right now, we don't have the resources to cope.

We need help to keep the issue in the media, and work with local campaigners to get the message across in meetings, protests and local publicity. Just producing and distributing this newspaper has cost £2000.

We urge any readers or supporting organisations that can do so to make a donation, as large as you can afford, to ensure we have the resources to keep on fighting to scupper Lansley's White Paper, keep our NHS intact ... and keep it public.

■ You can donate by cheque (to 'LHE'), or online at [www.healthemergency.org.uk](http://www.healthemergency.org.uk)

# McKinsey's: over-paid, over-rated, over here!

One bizarre side-effect of the Con-Dem coalition government was the publication of two documents which the New Labour government had stubbornly refused to allow into the public domain.

Both are the result of work by US management consultants McKinsey's, and address the issue of the drive for 'efficiency savings' (aka cuts) in the NHS to bridge a predicted £20 billion gap between a frozen budget and rising pressures by 2016-17.

The first (smaller) document is a national survey, elements of which leaked into the public domain last summer, and which was immediately publicly disavowed by Labour ministers, who insisted that it was not government policy and would not be implemented.

Nevertheless it soon became clear that despite the government's view, a number of Strategic Health Authorities were seeking to adopt a number of the proposals, not least in the rapid reduction of the NHS workforce – by as much as 10% – as a way to save money.

## NHS London's secret

The second document became even more shrouded in secrecy: commissioned by NHS London, it was a special version of the original with more detailed facts and figures on the London context.

For 6 months or more campaigners and health unions attempted to use the Freedom of Information Act to force NHS London's secretive bureaucracy to allow proper public scrutiny of plans which were quite obviously controversial.

When this second document – all 159 pages of it – was finally published, the reason for NHS London's reluctance to allow it out became immediately transparent.

Firstly, contrary to expectations, the document is not so much a 'report' as a ramshackle collection of (sometimes quite smart-looking) Powerpoint-style slides, each containing a series of statistics and assertions, but with little if any connecting explanation, evaluation or discussion of the proposal.

If this type of report were

presented as an undergraduate research project at a university it would be rejected for inadequate use of supporting evidence and references, the lack of any clear structure or approach, and the lack of any coherent or collected conclusions.

Nonetheless this document contains many of the seed ideas around which PCTs across London, grouped into five secretive "sectors," have been meeting behind closed doors to plan the cutbacks.

## Closures

Here are the proposals for "levers to reduce costs of care" including "reduced double running costs through a single point of access to urgent care" (in other words the rundown and closure of A&E units in London).

The document goes on to claim that more savings could also be had from "increasing scale, efficiency and quality from centralisation" of other hospital services (i.e. more closures).

Other "levers" to cut costs include reducing costs of clinical staff, using nurses and health professionals to replace doctors, and reduced costs of overheads (suggesting that the roll-out of polyclinics could bring an 80% cut in clerical and admin staff working for GPs).

The report also discusses at some length the "decommissioning of some services" – effectively imposing a system of rationing access to treatment for conditions such as varicose veins, hernia and even joint replacements, leaving patients in pain with the "choice" of going private or going without.

Time and again the ideas proposed in the McKinsey document are simply thrown in without any serious analysis of possible down-sides and problems, and without any discussion of the systems changes that would be needed to achieve the desired result.

In almost none of the examples is there even a costing of the likely investment required to make the change happen, let alone a balance sheet to show how any significant savings could result.

Sickness rates in London's hospital staff are the second lowest in England and below the national average – but McKinsey's claim that more money could be saved if fewer staff got sick: they don't tell us how, and appear to have no detailed analysis of the causes of sickness absence.



The McKinsey document is also confirmed as the central inspiration for those NHS managers who want to switch as many as 60% of A&E patients, and 50% of outpatients away from hospital facilities and into 'polyclinics' or other as yet non-existent facilities in primary care.

Yet the document also reveals how strange this obsession with running down A&E services has become, since the total London spend on existing A&E units is just 5% of the hospital budget and 2.65% of the total cost of London's NHS, so even a big proportional saving would not amount to much.

And there are no big savings to be made: in 2007-8 London's A&E units treated almost 4 million patients – at an average cost of just £79 each: it is hard to see how switching services to new premises could save very much from this, and of course there has been new research evidence to show that it would not be safe to switch anything like 60% of A&E cases into primary care.



guard all paperwork, all admin, and even discussion with other nurses as outside the nurse's proper role, but they do not suggest who else should do these roles instead of nurses.

McKinsey's also prove to be the source of the suggestion that very large sums of money could be saved in primary care by slashing the average time allocated to patient appointments with GPs – by one third, from 12 minutes per patient to just 8.

This could 'save' a massive £570m, argues the slide, but it offers no discussion of the possible impact on patient care or patient satisfaction, let alone the job satisfaction of GPs: the Royal College of General Practitioners is currently campaigning for longer consultation times.

The document also claims that the same level of community services could be delivered by 11-15% fewer staff, if district nurse productivity could just be increased. Once again we are given no clues on how this should be done.

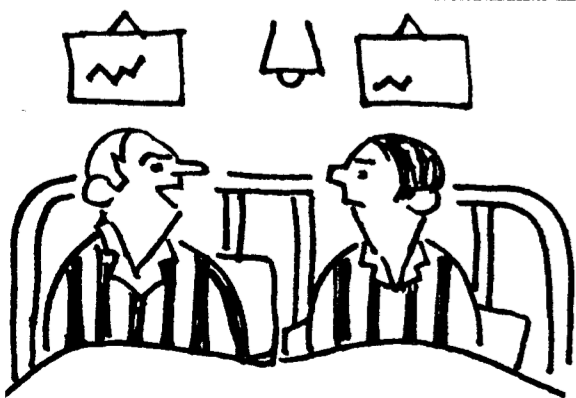
There are more examples – a long and shapeless list – but time and again the same gaps and evasions recur.

It seems clear that a lot of money has been wasted on these reports. Any money spent on them was wasted, because the total silence on exactly how any of the proposals are to be implemented means that they are as useful as a chocolate fire-guard.

But as the ConDem coalition cranks up the heat, demanding £20 billion of NHS cutbacks – by 2014 – these proposals are the only ones on the table.

So even though the ideas are ill-judged, inconsistent and impractical, this does not mean that they will necessarily be discarded. Watch out for a McKinsey-style cutback near you!

McKinsey's appear to re-



YOU THINK THIS IS CRAMPED - WAIT UNTIL OLD HARRY GETS BACK FROM X-RAY! Ted Johns

# What they are saying about the White Paper

**Carillion**, which has contracts for PFI hospitals and outsourcing was "excited"; Virgin-owned private healthcare provider Asura Medical's chief executive was "enthusiastic".

**Healthinvestor** magazine has also eagerly embraced the white paper, which it argues "offers the private sector a raft of opportunities in the health-care market by enabling patients to achieve greater choice and control over their treatment and care through access to any willing provider".

**Pulse** magazine, responding to FAQs warns that: "The White Paper will lead to huge new opportunities for private companies, with firms such as UnitedHealth, Tribal, Bupa and Harmoni already offering to run commissioning and accountancy services and back-office functions for GP consortiums."

**The NHS Alliance** welcomed the white paper as a "unique opportunity for frontline GPs", and Dr Michael Dixon of the Alliance has issued a rather desperate appeal for GPs not to turn their backs on the government proposals, claiming that it would be "utterly disastrous" if they did not "embrace the white paper and make it work."

**The National Association of Primary Care** has also said it was "vital that primary care clinicians embrace the new world open heartedly".

**The Royal College of General Practitioners** declared before the white paper was even published that it was the "right direction of travel"; but its chair-elect Clare Gerada said "For most GPs, it's like rabbits in the headlights. There is also a natural disinclination to working with external organisations, for fear of going to the dark side and being part of the privatisation agenda."

**Right wing think tank Civitas** warned that the upheaval could disrupt plans to drive through £20 billion in "efficiency savings". Stressed the "scant evidence base" for Lansley's plans, Civitas argued they could set the entire NHS back by at least a year, and "any slight blip will mean one thing for patients: a return to rationing, either by waiting or by reductions in services."



A better policy: the BMA's Hamish Meldrum and BMA activists join a demonstration fighting the marketisation of the NHS

**The Conservative Party's Bow Group**, the oldest centre-right think tank in Britain, claims key strands of the reforms are unfeasible and risk creating a postcode lottery of healthcare.

**The Nuffield Trust** has warned that the reforms "will require significant management expertise to implement smoothly," and that "There is a huge risk that this level of reform cannot be implemented without major failure".

The slightly less right wing **Social Market Foundation** condemned the changes as "at best a waste of time, at worst a waste of money", warning that ill-prepared GPs could wind up outgunned and outmanoeuvred by powerful hospital trusts.

The normally docile **Patients' Association** said that the changes are "a huge experiment without much hard evidence about how they will work in the NHS".

**UNISON**, the biggest public sector trade union, has taken the government to court challenging moves to implement the proposals before they are even debated in Parliament and while the "consultation" with the public is not yet concluded.

**Unite**, Britain's biggest union, has also opposed the proposals, and set up a campaign committee.

**The BMA's National Council** has voted heavily in favour of "critical engagement" with the consultation process, although it has not formally spelled out its reservations or identified any issues which might persuade negotiators to pull out if not resolved.

**Former Health Secretary Andy Burnham**, trying to kick-start his leadership bid in the Labour Party, has correctly branded the Lansley proposals as "Without doubt the most dangerous threat to the NHS in its 62-year history: a recipe to turn order into chaos, a fair service into a free-for-all, and to let market forces run riot. For patients, it means longer waits in A&E, months on waiting lists and a postcode lottery writ large."

# NHS White Paper summed up

The NHS White Paper "Equity and Excellence: Liberating the NHS" is the most radical NHS reform in 62 years since the NHS was formed.

Among its proposals: **'Efficiency savings' of £20 billion** are to be generated by 2014.

It aims to abolish the existing commissioning organisations – 152 **Primary Care Trusts** and 10 **Strategic Health Authorities** – and hand the main responsibility for commissioning services with a combined budget of £80 billion to **GPs**.

GPs will be required by their contract to be members of around **500 local "consortiums"** which will be statutory bodies to carry out the responsibilities of commissioning. They will receive a **management allowance** to allow them to buy in support, which may be from former NHS employees or from the private sector.

A new **NHS Commissioning Board** will be established to commission primary care services, specialist care and maternity services. It will oversee the GP consortiums, and have powers to assign GPs to a consortium if they have not already joined one. It will have regional offices, and will employ NHS managers – but it is not known how many.

The 90 plus **NHS Trusts** which are not yet Foundation Trusts will have to achieve **Foundation status**, or become part of a larger Foundation Trust by 2013, when the legal status of NHS Trust will be abolished.

The **"cap"** that limits the proportion of **Foundation Trust** income that can be derived from **private medicine** or contracts with the private sector will be removed. FTs will be given greater freedom to operate as social enterprises, though they "will not be privatised". They will be encouraged to negotiate local variations on national pay and terms and conditions.

GP consortia and the **NHS Commissioning Board** will buy in health care from **"any willing provider"** – Foundation

Trusts, social enterprises or the for-profit private sector. Competition law will apply.

Patients must be given **choice of GP** (not restricted to where they live), **choice of any provider**, choice of **named consultant team**, and choices in **maternity care, mental health, diagnostic testing, long term conditions and end of life care**.

**Performance targets** including waiting times are to be **scrapped** and replaced by "outcome targets".

The **Foundation Trust** regulator, **Monitor**, is to become an economic regulator for all organisations providing NHS care.

The **public health** and health promotion functions of PCTs are to be taken over by **local government** through new 'health and wellbeing boards', which will also take over the role of councils' oversight and scrutiny of local health services.

The patient voice is also to be changed again: **Local Involvement Networks (LINs)** are to be replaced by new **Healthwatch** groups funded by local government, which will take on additional roles to make them "more like a 'citizen's advice bureau' for health and social care" (DH).

The White Paper is out to consultation until October. Most of its proposals are for swift implementation, and all of the proposals are to be carried through before 2014.

The full text is available: [www.official-documents.gov.uk/document/cm78/7881/7881.pdf](http://www.official-documents.gov.uk/document/cm78/7881/7881.pdf)



# How big could £20bn cuts be?

The King's Fund's chief economist John Appleby has recently spelled out the scale of threat to the NHS from the coming cash squeeze.

Arguing in the *British Medical Journal* (17 August) in favour of protection of the NHS against the general round of cuts affecting most other public services, he argues that if the NHS were not protected it would have to find actual cuts amounting to around 14% of its budget (£18 billion) over the next few years, and suggests five ways it could do this:

- 30% real pay cut for all staff
  - Abolish the NHS in London
  - No drugs
  - Sack all consultants and general practitioners
  - Abolish the NHS in Scotland and Wales
  - A different approach would be "for whole services to close down: no NHS dentistry (£2bn), no community services (£9bn), no ophthalmic services (£0.5bn) – and still another £6.5bn to find".
- He sums up: "Fourteen per cent is equivalent to £18bn for the UK NHS. This is not a cut that can be achieved through a bit of salami slicing of everyone's budgets. The NHS would have to think at least on the scale of the suggestions above."
- Appleby makes the obvious point that none of these proposals is very appealing. But the ConDem White paper looks to make £20 billion of 'efficiency savings' by 2014. So are we going to let them do it?



# Just say 'NO': TEN GOOD REASONS to oppose the NHS White Paper

**1.** Andrew Lansley's "reforms" would bring the biggest privatisation of health care anywhere in the world. It would transform our National Health Service into a competitive National Health Market, in which £100 billion of public money would be used to buy services from privatised providers. Competition and privatisation can force standards down, as happened when hospital cleaning services were privatised in the 1980s.

**2.** GPs will be compelled to join local commissioning "consortia", each probably including 80-100 GPs. These statutory bodies will take decisions on how the money should be spent. But the White Paper includes the biggest-ever squeeze on NHS funding, with £20 billion of "efficiency savings" required by 2014. So consortia will become **Rationing Boards**, offering GPs and their patients FEWER choices



**3.** A recent poll of GPs suggests fewer than one in five believes the White Paper will improve the patient experience of the NHS. Almost three quarters believe it will increase the role of the private sector in commissioning. If GPs and consultants stood together to oppose it, this "reform" package could not pass.

**4.** Each PCT area would have 2-3 consortia, each of them taking its own decisions, with no overall planning authority, creating a new "postcode lottery" in which some consortia fund treatments that others will not.

**5.** PCTs and Strategic Health Authorities will be scrapped, and thousands of skilled and experienced managers and service planners will lose their jobs. But taking

on the work these bodies did will divert GPs from their main role in delivering clinical care. Many consortia will either re-hire redundant PCT staff, or bring in private management consultants: the total level of 'bureaucracy' will be little different from now.

**6.** It will be less accountable to local people or to Parliament. Ministers will no longer answer questions or take any responsibility for local health services, which will be "regulated" by Monitor and the Care Quality Commission, neither of which has a successful track record. The new National Health Market would be even less publicly accountable than companies supplying gas or broadband.

**7.** The White Paper is silent on how consortia could avoid being "captured" by the biggest and best resourced GP practices, most of which are in wealthy areas. There is no requirement for GP consortia to work with other consortia, or take any wider view beyond their own local catchment population. Contradictory decisions could result in the collapse or withdrawal of some local hospital and mental health services, again reducing choice for patients.

**8.** Every remaining NHS Trust will be forced to become a Foundation Trust – or be taken

over by one – by 2013. Foundations will be removed from the NHS balance sheet. They would all become "social enterprises", and encouraged to tear up national pay scales for their staff, who would no longer be NHS employees. Legal limits on the amount of money Foundations can raise from private medicine are abolished by the White Paper. With NHS funding frozen, this will mean FTs will concentrate on drawing in paying patients from the UK and other countries, and open up a new 2-tier health service.

**9.** A competitive healthcare market will make it more difficult for GPs to collaborate with their medical colleagues in hospitals, and for consultants and hospital staff to share best practice. Competition law will apply, and will brand cooperation of this type as "collusion". The split between "purchaser" and "provider" will be widened.

**10.** All these changes are proposed without a shred of evidence that they will deliver the promised improvements. The last Tory government's experiment with GP Fundholding was an expensive failure in the 1990s, and new figures now show that "practice based commissioning" experiments under New Labour were more expensive than the system they replaced, with high levels of overspending.



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PUCKERING UP FOR CHANGE

# Evidence-free market-style "reforms" that fragment care, increase costs, and let in private sector

# We've been here before!

Bob Dylan once famously sang that "you have to pay to get out of going through all these things twice". George Santayana told us that those who do not learn the lessons of history are doomed to repeat it. Karl Marx said that history repeats itself, "the first time as tragedy, the second time as farce".

Even the NHS Confederation, representing health service employers, recently published a critical study of reorganisations over the last ten years, entitled 'The triumph of hope over experience'.

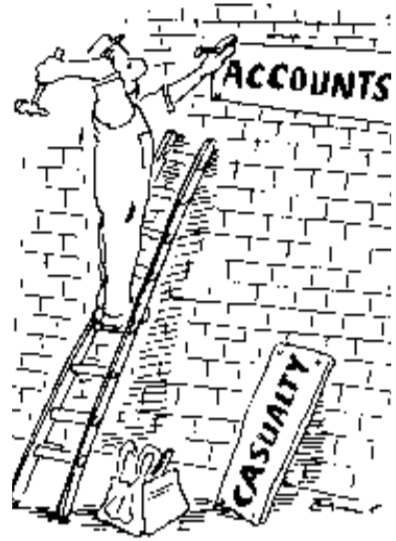
But Andrew Lansley's NHS White Paper is ignoring the lessons of two decades of failed "reforms" and reorganisation - and today's Condem coalition is going far further and faster down the road of privatisation than Margaret Thatcher's radical government ever contemplated.

JOHN LISTER looks back to show the similarities between today's policies and yesterday's costly failures.

### What will it cost?

The White Paper will cost at least £1.7 billion to implement, although a recent editorial in the British Medical Journal estimated that the cost could be closer to £3 billion. Running alongside a massive squeeze on NHS budgets aimed at generating 'efficiency savings' of £20 billion by 2014, the reorganisation will also bring a loss of thousands of NHS jobs, many of them managers, but many more admin staff, clerical workers and clinical staff in front lines services.

However this does not mean that there is any guarantee the new poli-



cies will actually deliver savings on bureaucracy.

The difference would be that the new bureaucrats may no longer be directly employed by the NHS, or accountable through NHS organisations.

This is because closing down Primary Care Trusts and Strategic Health Authorities is linked with passing on the responsibility for the £100 billion NHS budget to GPs - most of whom lack the expertise, time and resources to take this work over without damaging the level of care they can give to their patients.

So GPs will have to employ staff to administer each of the 500 or GP Consortia, which will be formed as the new statutory bodies to commission health care at local level. As such they will need responsible officers and management.

The GPs may choose to employ staff who will only recently have lost their jobs in PCTs and SHAs: or they may opt to bring in private sector management consultants, who (scenting profitable work on the way for them) have been among the most prominent supporters of Lansley's White Paper. 71% of GPs in a recent poll said they feared the White Paper would bring a greater private sector involvement in the commissioning process.

60% of those responding to a poll on the website of the strongly pro-White Paper National Association of Primary Care were opposed to the government's commissioning plans - that the NAPC is vociferously supporting.

### Commissioning Board

In addition to the local commissioners the new NHS Commissioning Board will need to keep a watching brief on every GP consortium, and on the individual practices from which the Board will be commissioning primary care services, in addition to its other role of commissioning specialist care and maternity services.

This means, at least in the view of some experts, that the new Board will need to be big, with its own managerial structure, regional offices and directorates, and is likely to recruit senior staff from Strategic Health Authorities and PCTs.

But there will inevitably also be additional bureaucracy at the level of NHS Trusts and Foundation Trusts, since each Trust will be dealing with a far larger number of commissioning bodies, and negotiating with them. In the new competitive health market Foundation Trusts will require more marketing and commercial staff, who do not contribute to health care, but enable the Trust to compete with social enterprise and private providers.

So how much if anything will be saved from bureaucracy in real terms is open to considerable doubt.

### High cost of markets

We already know that markets are more expensive as a way of administering the NHS than the previous integrated structure prior to 1990.

Earlier this year the Commons select committee revealed that the NHS was already spending a staggering 14% of its budget - £15.4 billion per year - on management and administration: this compares with 8% in 1991-92, and 11% in 1995-96 as the costs of Margaret Thatcher's controversial 'internal market' reforms began to grow.

Numbers of senior managers have risen by a staggering 91% since 1995, more than double the 35% increase in the total of doctors and nurses.

More recent changes towards a more open market system have pushed costs even higher: recent figures show that even a limited roll-out of Practice-Based Commissioning, a precursor to the White Paper proposals, cost around twice as much in increased costs as it appeared to generate in savings, even as a voluntary scheme. The PBC practices overspent



their budgets by an average of 2.5 percent, equivalent to a massive £2 billion overspend if applied to the whole £80 billion commissioning budget.

### When GP Fundholders held on to funds

However we also know that the previous Conservative experiment in delegating commissioning to GPs was an expensive failure.

By 1994, just a couple of years into the GP Fundholding scheme, NHS chief Executive Alan Langlands was complaining that GPs faced a "paper overload," and the BMA was complaining that doctors were being turned into a "demoralised and demotivated workforce". Millions had been spent offering GPs £16,500 lump sums as a non-refundable down payment for expressing an interest in the scheme, and millions more on £30,000 start-up

payments for those who signed up.

Of course some GP Fundholders did very nicely in holding on to funds: figures obtained by Alan Milburn MP showed just 585 fundholders had retained a total of £28 million in 1993-4 - an average of £47,000 for each practice. In NE Thames region fundholders held on to £1 for every £6 allocated, equivalent to £77,000 per doctor.

Admin costs were also high, since Trusts had to deal with a rapidly rising number of small-scale purchasers of health services, at an extra cost estimated in 1997 as at least £1m on average per Trust - or £500m a year.

The fragmentation of the NHS and the consequent bureaucratic costs appear to be very similar in each case: under the new White Paper each PCT will be replaced by on average three or four consortia, each of which will need managers and have to negotiate its own deals and contracts.

### Fundholding = 2-tier NHS

What were the results of fundholding for patients? Even Andrew Lansley now admits that fundholding led to a "two-tier NHS".

By 1994 almost half of the 173 hospitals surveyed by the BMA were offering preferential services to fundholders' patients, with 41 of them promising fast track admission while other NHS patients were left to wait even longer.

We are now assured of course that GP consortia would be very different, because all GPs would be compelled to be members of a consortium, whereas fundholding was only open to the largest GP practices.

Lawrence Buckman, chair of the BMA's GP Committee insists that "This is definitely not the son of fundholding. ... if it looked like fundholding mark 2 I would not be interested in it."

Buckman has focused on the fact that consortia and GP practices will not be able to retain unspent surpluses: but they are likely to face potential penalties for overspending, which could potentially skew the clinical judgement of some GPs.

Many GPs already fear that the fragmentation of commissioning, a feature under fundholding, once again threatens a return of the same "postcode lottery" on whether patients are offered certain treatment, as different consortia exert their own rights to decide.

Different decisions between one consortium and the next on what level of services to commission would leave patients in some areas with access to certain treatments and others in other areas without.

Neighbouring consortia could even take opposing views on whether to commission local services from hospitals or mental health providers: the danger here is that the withdrawal of even part of the current funding for some services could in some cases force Trust bosses into wholesale cutbacks or service closures, reducing the choices for patients.

The proposal to limit the management budgets for the new consortia is likely to restrict the resources to buy in locum care to enable GPs from smaller practices to get involved in decision-making.

This would strengthen the influence in consortia of the larger and more wealthy practices, which tend (as with the pioneers of Fundholding) to be based in the wealthier areas.

So the needs of more affluent patients are in many areas likely to dominate over those on lower income with greater health needs who live in relatively deprived and inner city areas. This could bring the very opposite of the "Excellence and equity" promised in the White Paper.



### Caps off for private patients

Another experiment ignoring negative experience is the proposal in the White Paper to remove the legal "cap" which restricts the proportion of a Foundation Trust's income that can be derived from private medicine or deals with the private sector.

This strict limit, confining Trusts to the percentage of income from private work that they had before Foundation status, was introduced back in 2003 as part of the government effort to push the controversial plan for Foundation Trusts through Parliament.

Sceptical MPs demanded an assurance that the new free-standing non-profit businesses would not simply concentrate on private work: the Bill eventually scraped through with a majority of just 17.

One reason for such strong concerns was that it was well known that in the early and mid 1990s one of the first "freedoms" that the new NHS Trusts began to exploit was the freedom to build or expand their private patient wings - although there is little evidence that many, if any, of them made much actual profit from them.

This siphoning off of resources from NHS patients resulted in another widening of inequality within the NHS, driven by market forces.

One attraction to Foundation Trusts of income from commercial medicine is that it is not restricted or squeezed in the same way as public sector NHS budgets will be for at least the next five years.

So this also means that as budgets are frozen in real terms, and pressures increase, Foundation Trusts will be more tempted to seek out profitable paying customers - whether from the UK or abroad - to compensate for shrinking NHS income, and to prioritise this work over the treatment of NHS patients. Some specialist Foundation Trusts are already looking to expand their income from overseas patients.

### Foundations of privatisation

Foundation Trusts are another area of concern. The White Paper has made it quite clear that all NHS Trusts must become Foundations, or be taken over by one by 2013.

It is also clear that if Lansley gets his way, Foundations will be removed from the NHS balance sheet. This would mean that their staff would no longer be NHS employees, while their assets would be privatised, whether they remain as non-profit 'social enterprises' or are eventually absorbed into the for-profit private sector.

Although the White Paper declares that "Foundation Trusts will not be privatised", that only means that the legislation to impose these changes will not privatise them.

However once they are off the NHS balance sheet, and run as free-standing businesses, answerable only to Monitor - the same body that is also supposed to regulate for-profit private providers - what is to stop Foundations being taken over by a private company, or even deciding to become a for-profit business?

Even if they don't go this far, the competitive National Health Market system outlined in the White Paper will force all social enterprises and Foundations to run just like private businesses - and that's not good for staff or for patients.

### Foundations that went wrong

Experience in other countries where hospitals have been floated off as foundation trusts also gives grounds for concern.

One early foundation-style hospital was privatised - swallowed up by the private sector. This is what happened to one of the first Swedish Foundation Trusts, St Goran's in Stockholm. Now it's the country's biggest private hospital.

In New Zealand in the ill-fated market reforms of the 1990s the equivalent to NHS Trusts were allowed to borrow money freely from the private sector: they quickly ran up hundreds of millions in debts, which it eventually took the government years to pay off.

In both Sweden and New Zealand the government had to step in to bring the hospitals back under control and prevent worse damage.

However the White Paper reforms will push the Foundations and their massive multi-billion assets so far outside the control of the Health Secretary and NHS Commissioning Board that only radical legislation on the scale of the 1948 NHS Act - which nationalised the mish-mash of municipal, charitable and teaching hospitals delivering health care - could bring them back into the public sector.



### Ignoring history lessons

So what is the historical experience of wholesale organisational changes like those proposed in the White Paper?

In its recent survey on this, the NHS Confederation points to a rapid succession of changes in the NHS especially over the last ten years, all of them based on little hard evidence, and subject to little if any proper evaluation.

Conspicuously it notes that after 1997: "99 health authorities were split into a large number of primary care groups and then primary care trusts because it was thought that they were too large to create to primary care. The 302 PCTs were then reduced to 152 ...

"One reason given for this was that the small groups had high overheads and did not map closely enough to local government boundaries. There were also questions about whether there were enough high-calibre managers to staff 302 organisations."

(The triumph of hope over experience: page 8)

By contrast Andrew Lansley is now proposing to increase again even further - from 152 PCTs to 500 or more local GP consortiums, and seeking to cut management costs. This appears to be

ignoring the lessons learned the hard way in the last decade.

Former NHS Commissioning Director Mark Britnell, now firmly in the private sector, has warned Lansley that his GP consortiums are too small to work effectively, and to succeed would need to be as big as PCTs: "It won't work if we create 500 cottage-sized commissioning bodies".

One head of procurement at an NHS Trust, speaking anonymously to Supplymanagement.com echoed the same point, arguing that GP commissioning will lead to a "fragmented service".

The Nuffield Trust also argues that the disruption flowing from the re-organisation and the need for GPs to learn new skills and new ways of working mean that it would take "several years" for the new system to make any savings, and that in the meantime big deficits could be run up.

Even the NHS Alliance, which has taken an ambiguous position on the proposals has warned that the deficits which PCTs are likely to pass on the GP consortiums could mean that the experiment in commissioning is "doomed to fail".

### The cost of replacing PCTs

Of course Lansley chose soft targets when he singled out the PCTs and SHAs for closure, and cunningly pushed the right buttons with some frustrated GPs when he suggested they take over the commissioning role. It would be hard to find anywhere else in the public sector where the possible loss of 60,000 jobs creates so little anger or militant resistance.

Few PCTs or SHAs have done anything to endear themselves to local communities - many of which have been systematically patronised and ignored in spurious "consultation" exercises - or to the many sections of staff in NHS staff in provider services who have been on the receiving end of some of their decisions.

So it's true that nobody could build a credible campaign simply to defend PCTs or SHAs. But by no means every-



thing they have done has been without value, nor are all their staff pointless bureaucrats. Nor is it true that simply scrapping them will necessarily produce anything better.

Subdividing 150 PCTs into 5-600 GP consortia, each of 80-100 GPs, will inevitably raise the question of how these are to work either singly or together.

It seems certain that many of them will resort to re-hiring staff made redundant from PCTs - or spend even more to bring in private management consultants to do much of the administrative work that still needs to be done: and with NHS providers having to negotiate with more separate groups of "purchasers" the total bill for bureaucracy will not fall by much - if it falls at all.

But the new bureaucracy will be even less accountable than the PCTs.

### The biggest-ever privatisation of health care

If the White Paper is carried through to its logical conclusion, by 2014 there will be no NHS or public sector providers delivering health care services in England. Hospitals, community health services and mental health will all have been forced to become, or join Foundation Trusts, or will have been put out to tender to 'social enterprises' or the for-profit private sector.

Privatisation on this scale is unprecedented anywhere in the world, so there are no direct comparisons that can be made. However we do know that competition and private sector providers can force standards down, as happened when hospital cleaning services were privatised under Thatcher in the 1980s.

The result of that experiment has now been widely recognised



as a catastrophe: a break-up of the NHS team, the casualisation of the workforce, a plunge in hospital hygiene, and the spread of MRSA and hospital infections.

The minimal apparent short-term cash savings made at the expense of their lowest-paid staff by the hospitals which contracted out these services have been subsequently more than swallowed up by inferior quality of services and the costs of additional bed days, closed wards and other problems from hospital-acquired infections.

There is more unhappy experience of private sector involvement.

Repeated attempts by New Labour to draw the private sector into providing NHS services have also proved costly and delivered questionable results.

Contracts with private hospitals to deliver waiting list treatment have cost massively more than normal NHS costs, while the delivery of minor elective surgery in "Independent Sector Treatment Centres" cost an average of almost 12% more than the standard NHS price, but also wound up spending millions on operations that did not take place as patients chose to go to NHS hospitals instead.

Private sector bids for primary care contracts have tended to force down the quality of care, reducing prices by employing fewer, less qualified staff than established local GP practices.

Huge questions hang over the quality of services and poor regulation and monitoring of private companies delivering out of hours GP cover.



# 2-year pay freeze – and threat of pension “review”

The ConDems are imposing a pay freeze on all NHS staff paid more than £21k/year, with a below inflation increase of just £250 for those paid less than this.

This would mean only 38% of NHS staff in England who are on pay points 1-15 getting a rise next year.

The so called independence of the PRB will be tested once again if a pay freeze is imposed from above by the government after evidence is submitted as usual by unions in September.

The biggest health union UNISON is going ahead with the data cleansing needed to ensure that its members are able to take industrial action without legal interference as agreed in the motion on pay passed at its Health Conference this year.

UNISON members will be consulted on how to respond to the pay freeze: but this is by no means the only threat that NHS staff face. This autumn the ConDem Review of Public Sector Pensions makes its report.

The review, which has disgracefully been chaired by former Labour Minister “Lord” John Hutton, is expected to slash NHS pension benefits, as well as those of other public sector workers.

UNISON national conference in July voted for national industrial action across the public sector if pensions are attacked.



# White Paper threat to mental health

Mental health professionals and campaigners have rounded on the ConDem government for its combination of damaging cutbacks, and the threat that mental health services will lose out even further under the new plans to hand over the commissioning role to GPs.

In July a heavyweight medical journal, the Lancet, published an editorial demanding Health Secretary Andrew Lansley “tell the truth about NHS cuts” in front-line services, singling out the brutal cuts being carried through against mental health services in Oxfordshire, and contrasting this with Lansley’s pre-election pledge to “increase health spending every year”.

Oxfordshire and Buckinghamshire Mental Health Foundation Trust is pushing through plans to slash £5.3m from its £42m budget (12.6%) over the next four years, hitting front-line services for both adults and older adults.

Adult services are to lose 3 out of 19 consultant psychiatrists, 16 coordinators and 9 other staff, along with cuts in

clinical psychologists.

Older adult services will also face cuts in professional staff.

Meanwhile a trade union representing some of the community mental health staff, Unite, has warned that up to 50 of the Trust’s 200 staff in adult mental health teams could lose their jobs in the cuts, after inpatient services have already been cut “to the bone”.

## Poorer service

The document leaked to the Lancet admits that the cuts will bring a “reduction in quality of service”, poorer service response with “patients waiting for care” and “dissatisfaction” among patients and carers.

The impact on staff is also admitted to be serious, with the Trust predicting “potential negative impact on staff from them perceiving an increase in their workload”, “poorer staff retention and reduction in staff satisfaction with their role”.

Perhaps even more worrying the document also warns the decreased patient satisfaction could lead to “possible patient withdrawal from care”.

At a time when demand for

mental health care is increasing and the severity of the problems faced by patients is increasing, with a greater expectation that services will be available “closer to home”, home visits in Oxfordshire and Buckinghamshire would be cut.

Other cuts are taking shape in mental health services in London and other parts of the country including Sussex, where a quarter of inpatient beds are to close, affecting services in Haywards Heath, Eastbourne and St Leonards to save £4m.

In central London, NHS Camden is planning to put psychological services out to tender, triggering fears that a private company could step in. Indeed other government policies are also causing problems for mental health patients, not least the latest onslaught on the benefits system which will target people on incapacity benefit.

The new “fit to work” policy could mean that people suffering from mental illness would be declared capable of work. Mental health charity Mind has warned that the new test



Workers at the Hackney Centre for Forensic Mental Health join a Unison protest outside East London NHS Foundation Trust against privatisation and cuts

for incapacity benefit does not take proper account of the fluctuation condition of many with mental illness, and that staff running the assessments are insufficiently trained in awareness of mental health issues.

## GPs say no

Long-term concerns for the future of mental health services under the White Paper proposals have been reinforced by the survey of GPs in July which showed that as few as one in three felt equipped to take on any responsibility for commissioning on mental health.

Mental health charity Rethink, which conducted the survey, warned that unless there was rapid action to educate GPs on mental health,

many of the 1.5 million people with severe mental illnesses may fail to get the treatment they need.

Rethink’s Chief Executive Paul Jenkins said: “We often hear from people with mental illness that GPs don’t understand mental health and want to quickly refer them on to specialists. Now GPs themselves are telling us that they have concerns too.”

“The proposals expected in the white paper can work, but only if GPs are given proper training and support to understand the needs of people with severe mental illnesses such as schizophrenia and bipolar disorder.”

Another survey of GPs by the doctors.net website in July

found that two thirds of those responding did not welcome the Lansley white paper, and 80% said they were not adequately equipped to take over commissioning mental health services.

Mind’s chief executive Paul Farmer also warned of weaknesses in GPs’ approach to mental health issues: “There is still an instinct for some GPs to reach for the pills too quickly – we have 36 million prescriptions a year for anti-depressants, a vast amount at primary care level.”

Mental health problems on average take up between 10%-20% of the time of a GP, with around three out of every four people who experience mental health problems seeking treatment from their GP.

Every year 300 out of every 1,000 people experience some form of mental health problem: but it seems that the NHS has a long way to go before this scale of importance is recognised in the allocation of resources.

Instead of moving towards meeting this level of demand, the White Paper proposals will create an even more random “postcode lottery” for mental health patients ... and place millions in commissioning budgets in the hands of GPs who recognise that they are not trained to it properly, and don’t want to do it.

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